

Game-Day Checklist

Date _____ Location _____

Pregame

- Decide team tactics.
- Discuss pregame particulars: pregame meal and water/sport drink; player clothing and equipment; time to arrive.
- Bring first aid kit.
- Check field and facilities.
- Meet with game officials.
- Greet players as they arrive.
- Warm up players.
- _____
- _____

During the Game

- Keep winning in perspective.
- Make substitutions.
- Adjust team tactics as necessary.
- Correct players' performance errors appropriately.
- Note learning errors to correct in the next practice.
- Support players.
- Remain calm.
- Monitor players' conduct and safety.
- Respect opponents and officials.
- _____
- _____

Postgame

- Compliment opponents and thank officials.
- Hold a team circle and recognize good team performance.
- Don't criticize individual players.
- Avoid discussing tactical problems.
- Keep wins and losses in perspective.
- Encourage players and leave on a positive note.
- _____
- _____